A BASKETFUL OF LOVE

THEME 23

LITTLE ONES & BABY BLISS

Extended Digital Companion —
Workbook Edition

A Basketful of Love — Light with Intention

WELCOME

Welcome to Theme 23: Little Ones & Baby Bliss

This workbook helps you thoughtfully create sweet, meaningful gift baskets or experiences for babies, little ones, and their families.
Little Ones & Baby Bliss focuses on softness, care, love, and celebrating new beginnings.

Use these pages to design something comforting, gentle, and joy-filled.

SETTING YOUR INTENTION

Who is this gift for, and what stage are they in?

What feeling do you want this basket to create for both child and caregiver?

My intention for this Little Ones & Baby Bliss experience is:

YOUR BASKET VISION

What feeling should this theme encourage?
(Check or circle any that apply)

- ☐ Comfort
- ☐ Warmth
- ☐ Gentleness
- ☐ Joy
- ☐ Love
- ☐ Calm
- ☐ Care
- ☐ Other: _____

Describe the atmosphere you want this basket or gift to hold:

GIFT ITEMS BRAINSTORM

What items fit a Little Ones & Baby Bliss theme?

Think about: soft textiles, keepsakes, care essentials, comfort items for caregivers

List your ideas below:

COLOR & THEME FEELING BOARD

Choose a gentle style:

- [ ] **Soft Pastels**
  (blush, sky blue, lavender, mint)
- [ ] **Neutral Baby Tones**
  (cream, beige, light gray)
- [ ] **Playful Soft Brights**
  (soft yellow, peach, pale aqua)

My chosen palette or style:

_____

MESSAGE / AFFIRMATION CREATOR

Write 2–3 loving messages, wishes, or affirmations:

1. _____

2. _____

3. _____

Optional:
Shorten one into a phrase suitable for a tag or card.

PERSONAL REFLECTION

Why do baby milestones feel so meaningful?

How does creating for little ones bring joy to you?

GRATITUDE MOMENT

Write three things you're grateful for related to family, children, or new beginnings:

1. _____

2. _____

3. _____

WRAP-UP PAGE

Your Little Ones & Baby Bliss Takeaway Message:

What does Little Ones & Baby Bliss symbolize for you or the family receiving it?

Date Completed: _____